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**Pick and Mix activity ideas for Nursery children in Bowfell to keep everyone happy, busy and smiling! (Also suitable for children in Reception and Year 1 too!)**

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| **Make some of Mrs Harwood’s famous playdouugh (recipe on Tapestry)** | **Find some natural loose parts and make a picture (stones, leaves, twigs etc)** | **On a sunny day go outside with some dinosaurs or animals and paper and make shadows to draw around** | **Do some coin rubbings** | **Go on a minibeast hunt** | **Go on a shape hunt around your home and garden – what can you find?** | **Make a bird watching den outside using chairs/ clothes airer/****blankets/****cushions** | **PE with Joe Wicks @9am via his YouTube channel** | **Play hopscotch outside** | **Colour/ collage/ paint a rainbow and put it in your window to make people smile** |
| **Fill a washing up bowl with soapy water and give your toys a bath**  | **Tune into the webcams at Edinburgh Zoo and watch the animals** | **Help to make lunch or tea** | **Interactive story session via the Spread the happiness YouTube channel @1pm** | **Paint bricks/****concrete outside with paintbrushes and water** | **Make a mud pie** | **Make potions in the garden using water, grass and flower petals.**  | **Join in with dough disco and squiggle @9.30am via the Spread the Happiness YouTube channel** | **Have a picnic outside with your teddies/ dolls** | **Pick an activity from ‘100 things to do indoors’ (Tapestry)** |
| **Play a board game** | **Have a movie night on the couch with a blanket and some treats** | **Practise writing your name** | **Do a jigsaw** | **Help a grown up peg out/ fold up washing** | **Watch an episode of Numberblocks and collect that number of objects from the garden** | **Take part in Cosmic Yoga Via YouTube** | **Make ice lollies using juice** | **Make a junk model from recycling** | **Draw/****paint/collage a picture of your family** |
| **Draw your favourite animal** | **Go on a number hunt around your home** | **Talk to someone from your family on the telephone** | **Make a fairy/ dragon home outside** | **Have a disco and make up some new moves** | **Bake a cake** | **Make a musical instrument using an empty plastic bottle and loose parts** | **Make a Lego village** | **Ask a grown up to draw you some wiggly lines and practise cutting them out** | **Make an Easter card** |
| **Practise putting on and taking off your shoes and coat** | **Make rainbow bread using milk mixed with different food colourings** | **Create something from a pipecleaner** | **Watch your favourite cartoon** | **Hard boil an egg and decorate it** | **Sing a song or nursery rhyme in your garden** | **Make a peg doll** | **Look around your home for familiar logos and signs** | **Build a nest from things you find in the garden** | **Make a paper aeroplane** |
| **Draw a picture for all the people who are working to look after others. Send a picture of it to Mrs Haslam** | **Smile!** | **Use a shoebox to make a scene from your favourite book** | **Hunt for signs of spring in your garden or if you go for a walk** | **Go on a snail hunt, how many can you find?** | **Play hide and seek with a grown up** | **Read your favourite story to a teddy** | **Make a superhero costume out of things you can find at home** | **Go on a sound hunt indoors and in the garden, can you count them all?** | **Design and play your own board game** |