**Suggested timetable for Year One children in Bowfell to keep everyone happy, busy and smiling!**

**From Monday 30/03/2020 onwards**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **8-9am** | **9-9.30am** | **9.30- 10am** | **10-10.30am** | **10.30-11am** | **11am-12pm** | **12-1pm** | **1-1.30pm** | **1.30-2.30pm** | **2.30-3pm** |
| **Monday - Friday** | Get up and dressed, have breakfast | PE with Joe Wicks via his You Tube channel | Dough disco and squiggle via the Spread the Happiness YouTube channel | Phonics activities | Snack and playtime in the garden | Maths & English | Make your own lunch and play outside | Handwriting and reading | Topic learning task | Electronics time – Phonics Play/ Numbots |