

	Autumn Term	Spring Term	Summer Term
Nursery and Reception	Developing the Five Fundamental skills (running, jumping, hopping, catching and throwing) through outdoor provision and PE lessons. Developing fine and gross motor skills through Dough Disco, Squiggle, Yoga and indoor provision (including funky fingers area, creative area, writing area.) Develop movement and balance skills through riding trikes, balance bikes and scooters.		
Year A	<u>Fundamental Movement Skills: Welcome to PE unit</u> <u>Dance – seasons</u> <u>Dance – Toys</u> <u>FMS – Elmer</u>	<u>FMS – Hungry caterpillar</u> <u>Dance – seasons</u> <u>FMS – Jack and the Beanstalk</u>	<u>EYFS: Fundamental Skills. Rumble in the Jungle</u> <u>Fantasy Fairy Tale</u> <u>A day on the Farm</u> <u>FMS – Rumble in the jungle continued.</u>
Year B	<u>EYFS: Fundamental Skills. Elmer</u> <u>FMS – How to catch a star</u>	<u>FMS – Rosies walk</u> <u>Dance – circus</u>	<u>Under the Sea</u>
Year C	<u>EYFS: Fundamental Skills. Transport</u>	<u>FMS – Space</u> <u>FMS – How to Catch a star.</u>	<u>EYFS: Fundamental Skills. Minibeasts</u> <u>Dance – jungle</u>
	<u>Autumn</u>	<u>Spring</u>	<u>Summer</u>

Cycle A

Year 1 and Year 2	<u>Gymnastics Activities 1</u> <u>Fundamental Movement Skills:</u>	<u>Dance: Fire Fire</u> <u>Fundamental Movement Skills:</u> <u>Rolling a ball</u>	<u>Gymnastics Activities 2</u> <u>Fundamental Movement Skills:</u> <u>Catching and bouncing a ball</u>	<u>Fundamental Movement Skills:</u> <u>Bounce Ball</u> <u>Outdoor and Adventurous Activities: The Great Outdoors</u>	<u>Net and wall game skills</u> <u>Fundamental Movement Skills:</u> <u>Playground games in the 20th century</u>	<u>Athletics</u> <u>Games – Piggy in the middle</u>
Year 3 and Year 4	<u>Swimming</u> <u>Invasion Games Skills:</u>	<u>Dance – Romans</u> <u>Gymnastics Activities 1</u>	<u>Invasion Games: Basketball</u> <u>Gymnastics Activities 2</u>	<u>Invasion Games: Touch ball</u> <u>OAA: Trust and Trails</u>	<u>Target Games: Dodgeball</u> <u>OAA: Team work and problem solving.</u>	<u>Net and Wall Games: Core Task 1</u> <u>Athletic Activities</u>
Year 5 and Year 6	<u>Swimming</u> <u>OAA: Team Building</u>	<u>Invasion Games: Creative Games</u> <u>Gymnastics Activities 1</u>	<u>Invasion Games: Basketball</u> <u>Gymnastics Activities 2</u>	<u>Invasion Games: Hockey</u> <u>OAA: Orienteering</u>	<u>Athletics</u> <u>Dance – Highway man</u>	<u>Net and Wall games: Tennis</u> <u>Leadership</u>

Cycle B

	Spring		Spring		Summer	
Year 1 and Year 2	<u>Gymnastics Activities 3:</u> <u>Fundamental Movement Skills:</u> Supertato text.	<u>FMS – Jack and the Beanstalk.</u> <u>Fundamental movement skills:</u> <u>Kicking</u>	<u>Dance</u> <u>The three little pigs:</u> <u>Fundamental movement skills:</u> <u>underarm throw</u>	<u>Fundamental movement skills: Tri-golf</u> <u>Dance: Robots</u>	<u>Athletics skills 1</u> <u>Fundamental movement skills:</u> <u>overarm throw</u>	<u>Athletics skills 2</u> <u>Striking and fielding game skills part 2</u>
Year 3 and Year 4	<u>Swimming</u> <u>Invasion Games:</u> <u>Rugby</u>	<u>Dance: romans</u> <u>Invasion Games:</u> <u>Netball</u>	<u>Gymnastics Activities 3</u> <u>Lacrosse</u>	<u>Target Games: Creative Games</u> <u>Tri-golf</u>	<u>Striking and Fielding Games: Rounders</u> <u>Athletics</u>	<u>Striking and Fielding Games: Cricket</u> <u>Athletics</u>
Year 5 and Year 6	<u>Swimming</u> <u>Invasion Games:</u> <u>Rugby</u>	<u>Dance – Food glorious food</u> <u>Invasion Games:</u> <u>Netball</u>	<u>Gymnastics 3</u> <u>Lacrosse</u>	<u>Creative games – Tag and Target</u> <u>Net and wall – Badminton</u>	<u>Athletics</u> <u>Striking and Fielding Games: Rounders</u>	<u>Athletics continued</u> <u>Striking and Fielding Games: Cricket</u>