

Levens CE School – SCARF (PSHE/RSE) whole school Curriculum map

		Autumn		Spring		Summer	
Nursery		Autumn 1 Me and my relationships • Marvellous me! • I'm special • People who are special to me	Autumn 2 Rights and respect • Looking after myself • Looking after others • Looking after my environment	Spring 1 Valuing difference • Me and my friends • Friends and family • Including everyone	Spring 2 Being my best • What does my body need? • I can keep trying • I can do it!	Summer 1 Keeping safe • People who help me and keep me safe • Safety indoors and outdoors • What is safe to go into my body	Summer 2 Growing and changing • Growing and changing in nature • When I was a baby • Girls, boys and families
Reception		Autumn 1 Me and my relationships • All about me • What makes me special • Me and my special people • Who can help me? • My feelings (1) • My feelings (2)	Autumn 2 Rights and respect • Looking after my special people • Looking after my friends • Being helpful at home and caring for our classroom • Caring for our world • Looking after money, recognising, spending, using (1) • Looking after money: saving money and keeping it safe (2)	Spring 1 Valuing difference • I'm special, you're special • Same and different • Same and different families • Same and different homes • Kind and caring • I am caring • I am a friend	Spring 2 Being my best • Bouncing back when things go wrong • Yes I can • Healthy eating • Move your body • A good night's sleep	Summer 1 Keeping safe • What's safe to go onto my body • Keeping myself safe: What's safe to go into my body (including medicines) • Safe indoors and outdoors • Listening to my feelings • Keeping safe online • People who help to keep me safe	Summer 2 Growing and changing • Seasons • Life stages – plants, animals, humans • Life stages – human life stage. Who will I be? • Where do babies come from? • Getting bigger • Me and my body – girls and boys

Years 1/2	Year A	Autumn 1 Me and my relationships - Why we have classroom rules - Thinking about feelings - Our ideal classroom - Good friends - Being a good friend - How are you listening? - Types of bullying	Autumn 2 Rights and respect - Around and about the school - Getting on with others - When I feel like erupting - Harold has a bad day - Feeling safe - Playing games - How can we look after our environment?	Spring 1 Valuing differences - Same or different? - Unkindness, teasing or bullying? - What makes us who we are? - It's not fair! - An act of kindness - When someone is feeling left out	Spring 2 Being my best - Harold's wash and brush up - I can eat a rainbow - Eat well - You can do it! - Pass on the praise! - Harold's bathroom - My day	Summer 1 Keeping safe - Healthy me - Super sleep - Harold's picnic - Harold loses Geoffrey - What should Harold say? - Who can help? (1) - How safe would you feel? - I don't like that!	Summer 2 Growing and changing - Taking care of a baby - A helping hand - My body, your body - Then and now - Sam moves away - Who can help? (2) - Getting bigger
	Year B	- Our feelings - Feelings and bodies - Let's all be happy! - Solve the problem - Don't do that! - How are you feeling today?	- Harold saves for something special - How should we look after our money? - Taking care of something - Harold's money - Basic first aid	- Who are our special people? - My special people - Solve the problem - Our special people balloons - How do we make others feel? - Harold's school rules	- Harold learns to ride his bike - Catch it! Bin it! Kill it! - Basic 1st aid - What does my body do? - Harold's postcard	- What could Harold do? - Should I tell? - Good or bad touches? - Fun or not? - Sharing pictures	- Respecting privacy - Surprises and secrets - Keeping privates private - Haven't you grown! - Some secrets should never be kept - Healthy me - Me and my body – girls and boys
Years 3/4	Year A	Autumn 1 Me and my relationships - As a rule - Looking after our special people - How can we solve this problem? - Dan's dare - Thunks - Friends are special	Autumn 2 Rights and respect - Our helpful volunteers - Helping each other to stay safe - Who helps us stay healthy and safe? - It's your right - Why pay taxes? - Safety in numbers	Spring 1 Valuing difference - Family and friends - My community - Let's celebrate our differences - Zeb - Respect and challenge - Our friends and neighbours	Spring 2 Being my best - Derek cooks dinner! - Poorly Harold - What makes me ME! - Making choices - Basic first aid - Body team work - Top talents	Summer 1 Keeping safe - Help or harm? - Safe or unsafe? - Danger or risk? - The Risk Robot - Danger, risk or hazard? - Picture wise	Summer 2 Growing and changing - Relationship Tree - Body space - Moving house - Together - My changing body - None of your business!

	Year B	• An email from Harold! • Ok or not ok? (part 1) • Ok or not ok? (part 2) • Human machines • Different feelings • Under pressure	• Recount task • Harold's environment project • How do we make a difference? • In the news! • Can Harold afford it? • Earning money	• Islands • Friend or acquaintance? • Can you sort it? • That is such a stereotype! • What would I do? • The people we share our world with	• Harold's Seven Rs • My school community (1) • For or against? • I am fantastic! • SCARF hotel	• Alcohol and cigarettes: the facts • Super searcher • How dare you! • Medicines: check the label • Raisin challenge (2) • Keeping ourselves safe	• Secret or surprise? • My feelings are all over the place! • All change! • Basic first aid
Years 5/6	Year A	Autumn 1 Me and my relationships • Collaboration challenge! • Give and take • Working together • Solve the friendship problem • Our emotional needs	Autumn 2 Rights and respect • What's the story? • Fact or opinion? • Two sides to every story • Fakebook friends • What's it worth? • Spending wisely • Lend us a fiver! • Happy shoppers – caring for the environment	Spring 1 Valuing difference • Qualities of friendship • Kind conversations • Ok to be different • We have more in common than not • Happy being me • The land of the Red people	Spring 2 Being my best • It all adds up! • Five ways to wellbeing project • This will be your life! • Different skills • My school community (2) • Our recommendations	Summer 1 Keeping safe • Spot bullying • Think before you click! • To share or not to share? • Decision dilemmas	Summer 2 Growing and changing • How are they feeling? • Taking notice of our feelings • Helpful or unhelpful? • Managing change • I look great! • Changing bodies and feelings • Growing up and changing bodies • Making babies (Y6) • What is HIV? (Y6)

	Year B	• How good a friend are you? • Relationship cake recipe • Being assertive • Assertiveness skills • Behave yourself • Don't force me • Acting appropriately	• Rights, responsibilities and duties • Mo makes a difference • Action stations! • Democracy in Britain 1 – elections • Democracy in Britain 2 – how (most) laws are made	• Respecting differences • Tolerance and respect for others • Is it true? • Advertising friendships! • Boys will be boys? – challenging gender stereotypes • Stop, start, stereotypes	• Independence and responsibility • Star qualities? • Basic first aid, including Sepsis Awareness • What's the risk? (1) • What's the risk? (2)	• Play, like, share (1) • Play, like, share (2) • Vaping: healthy or unhealthy? • Rat park • What sort of drug is...? • Drugs: it's the law! • Would you risk it? • Alcohol: what is normal?	• Media manipulation • Pressure online • Is this normal? • Help! I'm a teenager – get me out of here! • Dear Ash • Stop, start, stereotypes • Making babies (Y6) • What is HIV? (Y6) • Changing bodies and feelings • Growing up and changing bodies • Intimate images and online sharing
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